

1 **Quantifying the impact of nevirapine-based prophylaxis strategies to**  
2 **prevent mother-to-child transmission of HIV-1:**  
3 **A combined pharmacokinetic, pharmaco- and viral dynamic analysis**  
4 **to predict clinical outcomes**

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15 **Running title:** Impact of NVP prophylaxis on vertical transmission of HIV-1

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24 women and newborns, virus dynamics, HIV transmission risk, drug resistance,  
25 mathematical modeling

26 **Abstract**

27 Nevirapine single dose (sd-NVP) and extended NVP prophylaxis are widely used in  
28 resource-constrained settings to prevent vertical HIV-1 transmission.

29 We assessed the pharmacokinetics of sd-NVP in 62 HIV-1 positive Ugandan pregnant  
30 woman and their newborns, taking sd-NVP prophylaxis to prevent mother-to-child HIV-1  
31 transmission. Based on this data we developed a mathematical model system to  
32 quantify the impact of different sd-NVP regimens at delivery and extended infant NVP  
33 prophylaxis (6, 14, 21, 26, 52, 78, 102 weeks) on the 2 year risk of HIV-1 transmission  
34 and development of drug resistance in mothers and their breast-fed infants.

35 Pharmacokinetic parameter estimates and model-predicted HIV-1 transmission rates  
36 were very consistent with other studies. Predicted 2 year HIV-1 transmission risks were  
37 35.8% without prophylaxis, 31.6% for newborn sd-NVP, 19.1% for maternal sd-NVP and  
38 19.7% for maternal/newborn sd-NVP. Maternal sd-NVP reduced newborn infection  
39 predominately by trans-placental exchange, providing protective NVP concentrations to  
40 the newborn at delivery, rather than by maternal viral load reduction. Drug resistance  
41 was frequently selected in HIV-1 positive mothers after maternal sd-NVP.

42 Extended newborn NVP prophylaxis further decreased HIV-1 transmission risks but  
43 indicated an overall decline in cost-effectiveness for increasing durations of newborn  
44 prophylaxis. The total number of newborn infections with resistant virus was not  
45 increased by extended newborn NVP prophylaxis.

46 The developed mathematical modeling framework successfully predicted the risk of HIV-  
47 1 transmission and resistance development and can be adapted to other drugs/drug  
48 combinations to *a priori* assess their potential in reducing vertical HIV-1 transmission  
49 and resistance spread.

## 50 **Introduction**

51 HIV-1 infection remains a serious health care problem worldwide. In 2009,  
52 approximately 370,000 children became infected with HIV-1 (53). Mother-to-child  
53 transmission rates of HIV-1 in untreated breastfeeding populations in resource-limited  
54 settings ranged from 25% to 48%, accounting for the vast majority of pediatric AIDS (12).

55 Vertical transmission of HIV-1 may occur during pregnancy (5%-10%), during birth  
56 (10%-20%), and via breastfeeding (10%-20%) (12).

57 Intrapartum and newborn single dose nevirapine (NVP) significantly reduce transmission  
58 of HIV-1 from the mother to the child (23) and are essential components of HIV-1  
59 prevention strategies in many resource-constrained settings (57-58). However, the exact  
60 mechanism of HIV-1 prevention by NVP during intrapartum transmission remains  
61 unknown. Furthermore, owing to its long half-life, NVP frequently selects drug resistant  
62 viral strains in HIV-infected mothers (17, 22), which can compromise the efficacy of  
63 follow-up maternal and newborn antiretroviral treatment (ART) (8, 25, 29, 39).

64 In many resource-constrained settings, breastfeeding is critical for infant survival (59).  
65 Reduction of HIV-1 transmission by short-course antiviral prophylaxis is frequently  
66 impaired by subsequent infection during the breastfeeding period (24, 42). Extended  
67 newborn NVP prophylaxis has shown to reduce HIV-1 transmission via breastfeeding (3,  
68 6, 27, 38) and current WHO guidelines for the prevention of mother-to-child transmission  
69 recommend the use of NVP throughout the entire breastfeeding period (57), which can  
70 be as long as 2 years. Clinical trial data on extended prophylactic newborn NVP are  
71 currently only available for durations of 6 weeks and 6 months (3, 10, 38). However, to  
72 evaluate the effectiveness of extended newborn NVP, a quantification of the HIV-1

73 transmission risks after different durations of extended NVP prophylaxis in newborns is  
74 required.

75 In the present study, NVP plasma data of 62 Ugandan mothers and newborns who took  
76 NVP single dose prophylaxis were simultaneously analyzed in a single integrated  
77 population pharmacokinetic model for both populations; the present work extends a  
78 previously published pharmacokinetic study, which analyzed woman and newborn NVP  
79 concentrations separately (28). The aim of this work was to combine pharmacokinetic  
80 and pharmacodynamic analysis by developing a single mathematical modeling  
81 framework. The framework should be used to predict the impact of various single and  
82 extended NVP-based prophylaxis regimens on the cumulative risk of vertical HIV-1  
83 transmission and on selection of NVP-resistant virus.

## 84 **Methods**

### 85 *Patient Characteristics and Study Design*

86 During a program for the prevention of mother-to-child transmission of HIV-1 in western  
87 Uganda, 62 HIV-1 positive pregnant women and their newborns were enrolled for  
88 pharmacokinetic (PK) analysis after they had given informed consent and delivered at  
89 Fort Portal District Hospital (Fort Portal, Kabarole District, western Uganda). Pregnant  
90 women received a single 200 mg NVP tablet at onset of labor and newborns received  
91 2 mg/kg NVP syrup orally within 72 h after birth (28). Ethical approval was obtained from  
92 the Uganda National Council for Science and Technology.

93 Median age and body weight of the pregnant women were 26 years and 56 kg [range:  
94 16-39 yrs; 42-84 kg], respectively. Newborns had a median body weight of 3.1 kg [range:  
95 2.0-3.9 kg]. The median time period passed between NVP intake of pregnant women

96 and birth was 5.1 h [range: 0.3-24.8 h]. The median time interval between birth and NVP  
97 administration to the newborn was 0.9 h [range: 0.1-40.6 h] and 8.5 h [range: 1.3-46 h]  
98 from NVP intake of the pregnant women until the NVP administration to the newborns  
99 (28).

100 For PK analysis, a total of 113 plasma samples from mothers and newborns were  
101 collected over three time periods, i.e. delivery, week 1 and week 2. The geometric mean  
102 NVP concentration-time profile was previously presented (28). Here we illustrate the  
103 dispersion of the individual plasma concentrations over time for the same population  
104 (Figure 1 A). NVP concentrations were determined by a validated LC/tandem-mass-  
105 spectrometry method according to the criteria set by the FDA (FDA-Guideline, (28, 48)).

### 106 *Pharmacokinetic Analysis*

107 Based on the previously established pharmacokinetic models and data (28), an  
108 integrated population pharmacokinetic model was developed to simultaneously analyze  
109 NVP plasma data of mothers and newborns.

110 For population PK data analysis the nonlinear mixed effects modeling approach  
111 implemented in the software program NONMEM™ (Icon development solutions, version  
112 VI, 1<sup>st</sup> update, 2006) was chosen due to sparse data situation. The pharmacokinetic  
113 model was parameterized in terms of clearance(s) (CL) and volumes(s) of distribution (V)  
114 using the PREDPP subroutines (FOCE with interaction, ADVAN6 TOL5) supplied in  
115 NONMEM™. The model building process was guided by changes in the objective  
116 function value of nested models provided by NONMEM™, by precision of the PK  
117 parameter estimates (relative standard errors, RSE) and by basic goodness of fit (GOF)  
118 plots. In addition, 2000 bootstrap data sets were assessed using NONMEM™. For

119 model evaluation, the final PK parameter estimates were compared to the corresponding  
120 median and 95% confidence interval of the bootstrap runs. Model-based simulations for  
121 visual predictive checks (VPC) were performed by NONMEM™ (n=1000 simulations)  
122 and the statistics of 5<sup>th</sup>, median and 95<sup>th</sup> percentile were calculated using R, version 2.9.  
123 The schematic structure of the final PK model for maternal and newborn data is  
124 presented in Figure 1 B. Due to the difference in drug transport processes, solid lines  
125 represent those occurring continuously over the whole time and dashed lines only those  
126 before delivery except K34 which occurs only after delivery. The NVP absorption rate  
127 constants for pregnant women (KA) and newborns (K34) were fixed to 1.34 h<sup>-1</sup>,  
128 respectively, due to no available data during the absorption process. Prior published  
129 values of absorption rates varied between 0.013 h<sup>-1</sup> and 3.81 h<sup>-1</sup> (median: 1.3 h<sup>-1</sup>) (4, 11,  
130 16, 26).

131 Maternal plasma concentrations were associated to the central compartment with the  
132 volume of distribution V2 and fetal/newborn concentrations to the peripheral  
133 compartment with the volume of distribution V4. After delivery, but before the NVP  
134 administration to newborns, significant NVP concentrations were detected in the plasma  
135 of newborns. Considering the placenta-permeability of NVP (35, 37), we implemented a  
136 trans-placental exchange of NVP between pregnant woman and fetus (PCL) before the  
137 time of delivery (dashed lines in Figure 1 B). The ratio of NVP plasma concentrations  
138 between fetus and pregnant women was described by a partition coefficient, PCM. NVP  
139 elimination from the central compartment (related to the plasma of mothers) and the  
140 peripheral compartment (related to the plasma concentration in the fetus/newborn) were  
141 described by the PK parameters CL1 and CL2, respectively.

142 For the predictive performance of the final PK model a visual predictive check (VPC) is  
 143 depicted in Figure 2 A and B. The dashed lines represent the 5<sup>th</sup> and 95<sup>th</sup> model-  
 144 simulated percentiles and solid lines represent the model-simulated median of NVP  
 145 concentrations. The VPC of mother plasma (Figure 2 A) and newborn plasma data  
 146 (Figure 2 B) revealed sufficient model predictive performance for the general trend.  
 147 Overall, the model-predicted variability was sufficient for mothers and newborns and  
 148 resembled the variability in the observed data.

### 149 *HIV-1 Dynamics Model*

150 In order to quantify the impact of NVP prophylaxis on virus transmission, we adapted the  
 151 virus dynamics model presented in (55) by discarding the longer lived cell types  
 152 (representing macrophages and latently infected T-cells), as they do not impact the  
 153 observed viral dynamics after short course maternal NVP. The utilized model of HIV-1  
 154 dynamics and mother-to-child transmission is depicted in Figure 3 A.

155 Briefly, the mathematical model of virus dynamics and mutation comprises T-cells  $T$ ,  
 156 free virus  $V$ , early infected T-cells  $T_1$  (after reverse transcription but before viral  
 157 genomic integration) and productively infected T-cells  $T_2$  (after viral genomic integration).

158 The average rate of change of the different T-cell species and the number of viruses is  
 159 given by the following system of ordinary differential equations:

$$160 \quad \frac{d}{dt} T = \lambda(t) - T \cdot \delta_T - \sum_i \beta(i, t) \cdot V(i) \cdot T + \sum_i \delta_{PIC} \cdot T_1(i) \quad (1)$$

$$161 \quad \frac{d}{dt} T_1(i) = \sum_j p_{j \rightarrow i} \cdot \beta(j, t) \cdot V(j) \cdot T - T_1(i) \cdot (\delta_{T_1} + k_T + \delta_{PIC}) \quad (2)$$

$$162 \quad \frac{d}{dt} T_2(i) = k_T \cdot T_1(i) - T_2(i) \cdot \delta_{T_2} \quad (3)$$

163 
$$\frac{d}{dt} V(i) = N \cdot T_2(i) - V \cdot CL_V(t) \quad (4)$$

164 In summary, free virus  $V$  of strain  $i$  can infect T-cells with infection rate constant  $\beta$ ,  
 165 which encompasses all steps from target cell binding, fusion, to reverse transcription,  
 166 resulting in early infected cells  $T_1$ , which turn into productively infected cells  $T_2$  by  
 167 provirus translocation into the nucleus and integration with rate  $k_T$ .  $T_2$  produce new  
 168 virus  $V$  with the rate constant  $N$  (on average 1000 virions/day/cell (45)). Native, early  
 169 infected and productively infected T-cells are degraded with rate constants  $\delta_T, \delta_{T_1}$  and  
 170  $\delta_{T_2}$ , respectively. In early infected cells  $T_1$  (prior to proviral integration) essential  
 171 components of the pre-integration complex can be degraded with rate constant  $\delta_{PIC}$ ,  
 172 returning the cell to an uninfected stage  $T$  (55). Native T-cells are produced with rate  
 173 constant  $\lambda(t)$  and free virus  $V$  is cleared with rate  $CL_V(t)$  by the immune system. We  
 174 assumed that the rate constants  $\lambda(t)$  and  $CL_V(t)$  are constant for the HIV-infected  
 175 mothers, whereas they were considered time-dependent for the newborn, due to  
 176 immune system development and growth. A derivation of the parameters  $\lambda(t)$  (newborn)  
 177 and  $CL_V(t)$  (newborn) is provided in the supplementary text S1. All model parameters  
 178 are displayed in Table 1.

179 **Viral Mutation:**

180 HIV can acquire drug resistance by mutation during the process of reverse transcription  
 181 (comprised in parameter  $\beta$  in the model). The probability that a specific mutation occurs  
 182 during the process of reverse transcription has been quantified *ex vivo* to be  
 183  $\mu = 2.16 \cdot 10^{-5}$  (per base and reverse transcription process) (30). A single genomic point

184 mutation inducing a change at the protein level, e.g. position Y181 -> 181C (Y181C) will  
 185 therefore occur with probability  $\mu$  during reverse transcription, whereas with probability  
 186  $(1-\mu)$  this specific mutation will not occur. In our model, 2 specific sites  $L$  are regarded  
 187 to undergo mutation; resulting in the K103N and the Y181C change in the reverse  
 188 transcriptase enzyme, respectively. As an example, the probability that the wild type  
 189 virus  $wt$  will neither be mutated at one of the 2 sites is  $p_{wt \rightarrow wt} = (1-\mu)^2$ . The probabilities  
 190 that precisely one mutation occurs is given by  $p_{wt \rightarrow Y181C} = (1-\mu) \cdot \mu$  and the probability of  
 191 two specific mutations by  $p_{wt \rightarrow K103N/Y181C} = \mu^2$ . More generally, the probability that a  
 192 certain transition by mutation from some strain  $j$  to some strain  $i$  occurs during reverse  
 193 transcription  $p_{j \rightarrow i}$ , is given by:

$$194 \quad p_{j \rightarrow i} = \mu^{h(i,j)} \cdot (1-\mu)^{L-h(i,j)}, \quad (5)$$

195 where  $h(i, j)$  denotes the hamming distance (the number of differences) between strain  
 196  $j$  and strain  $i$ . All mutation probabilities for the utilized model are depicted in Figure 3 B.

#### 197 Coupling of Viral Dynamics with NVP Pharmacokinetics:

198 The efficacy of the non-nucleoside reverse transcriptase inhibitor NVP  $(1-\eta(i, t))$  at time  
 199  $t$  against strain  $i$  was implemented using the standard  $E_{\max}$ -model with slope parameter  
 200 (44, 47):

$$201 \quad (1-\eta(i, t)) = \frac{1}{1 + \left( \frac{C(t)}{IC_{50}(i)} \right)^{h(i)}} \quad (6)$$

202 where  $C(t)$  denotes the NVP concentration at time  $t$  (derived during PK analysis, see  
 203 above),  $IC_{50}(i)$  denotes the strain-specific fifty percent inhibitory concentration and  $h(i)$

204 denotes the strain-specific slope parameter (see Figure 3 C). The strain specific  
205 infection rate constant under treatment was given by  
206  $\beta(i,t) = (1-\eta(i,t)) \cdot (1-s(i)) \cdot \beta(wt,\phi) \cdot SF(t)$  , where  $\beta(wt,\phi)$  denotes the infection rate  
207 constant of the wild type  $wt$  in the absence of drug  $\phi$  (given in Table 1) and  $s(i)$  ,  
208 denotes the fitness loss (e.g., loss in the activity of reverse transcriptase) relative to the  
209 wild type (shown in Figure 3 C). The scaling factor  $SF(t)$  corrects the infection rate  $\beta$  for  
210 the differences in target cell concentration between mother (reference target cell  
211 concentration) and uninfected newborn.  $SF(t)$  was considered to be time-dependent for  
212 newborns due to immune system development and growth (see Equation S3 and Figure  
213 S1 of the supplementary material), whereas it was set to the value of 1 for HIV-1  
214 infected mothers.

### 215 *Deterministic –Stochastic Hybrid Simulation*

216 The kinetics of biological systems, in which all reactions occur quasi-continuously over  
217 time or involve large numbers of reactants are well approximated by continuous-  
218 deterministic simulations (by numerical solution of the systems' ordinary differential  
219 equations). However, the exact kinetics of biological systems which involve rare reaction  
220 events with small numbers of reactants are intrinsically stochastic and are therefore only  
221 poorly approximated by continuous-deterministic simulation (61). In our modelling  
222 framework, the process of HIV-1 transmission denotes such an event in which the  
223 outcome is intrinsically stochastic: Either the transmitted virus becomes entirely cleared  
224 by the immune system before establishing stable infection ( $V = 0$ ), or it succeeds in  
225 establishing infection ( $V$  approaches its steady state).

226 In order to fully regard the intrinsic stochasticity of rare events in the utilized model (such  
227 as viral challenges) and to allow efficient simulation of quasi-continuous kinetics, we  
228 chose the deterministic-stochastic hybrid simulation approach presented in (1).

### 229 *Prediction of HIV-1 Transmission after Intrapartum- and Extended NVP* 230 *Prophylaxis*

231 Model simulations were performed starting with the time of the first maternal dose (if no  
232 dose was given, with the time of birth) and continued until 2 years postpartum. The  
233 number of viruses coming into contact with the newborn during delivery and  
234 breastfeeding was modeled as a function of the maternal viral load at the particular time  
235 of the respective viral challenge. The intrapartum virus transmission was modeled in  
236 terms of a single viral challenge at the time of delivery, while virus transmission via  
237 breastfeeding was modeled in terms of repeated viral challenges during the time after  
238 delivery until 2 years postpartum. The probability of a viral challenge during  
239 breastfeeding was assumed to decrease over time (see Figure S2, supplementary  
240 material). Child growth and immune system development were considered  
241 simultaneously to the model simulation (see supplementary text S1 and Figure S1,  
242 supplementary material). If stable infection of the newborns occurred (defined as total  
243 number of viruses  $\geq 1 \cdot 10^6$  in the newborn) the respective simulation was stopped and  
244 the time between birth and child infection was recorded for subsequent evaluation. The  
245 cumulative infection risk 2 years postpartum was assessed by Kaplan-Meier estimates  
246 and an intrauterine transmission probability of 5% (12) was added. All model predictions  
247 are based on 1000 hybrid deterministic-stochastic simulations to ensure statistic  
248 confidence in the results.

249 We considered four scenarios for sd-NVP: (A: no prophylaxis, B: single postpartum  
250 newborn 2 mg/kg NVP dose, C: single intrapartum maternal 200 mg NVP dose and D:  
251 intrapartum maternal 200 mg NVP dose plus postpartum newborn 2 mg/kg NVP dose).  
252 We took into account the patient characteristics from the Ugandan program for the  
253 prevention of mother-to-child transmission discussed above, in particular the individual  
254 time intervals between maternal NVP administration and birth; median 5.1 h [range: 0.3-  
255 24.8 h] and the time intervals between birth and newborn NVP administration; median  
256 0.9 h [range: 0.1-40.6 h].

257 For the *extended* newborn NVP prophylaxis, we first simulated HIV-1 dynamics with  
258 maternal intrapartum NVP plus one postpartum newborn NVP dose, as described above,  
259 until day 1 after birth, after which we simulated HIV-1 dynamics until 2 years postpartum,  
260 following either 6 weeks (SWEN-study (3, 38)), 14-, 21 weeks, 6 months (HPTN 046-  
261 study (10)), 52-, 78- or 104 weeks of daily oral 2 mg/kg NVP administration, taking into  
262 account the pharmacokinetic characteristics of the population in the program for the  
263 prevention of mother-to-child transmission.

## 264 **Results**

### 265 *Pharmacokinetics of NVP in Pregnant Women/Mothers and Their* 266 *Newborns*

267 The estimated PK parameters (using the model in Figure 1 B) are presented in Table 2.  
268 Mother and newborn data were best described by combined 1-compartment models with  
269 first-order absorption and elimination processes. Since the bioavailability of the oral dose  
270 was unknown, the estimated PK parameters have to be reported as relative parameters.  
271 The relative volume of distribution of mother data,  $V_2/F$  was estimated to be 90.9 L and

272 the relative NVP clearance to be 1.22 L/h. Inter-individual variabilities (IIV) were  
273 implemented for all structural parameters relating to mother data and estimated to be  
274 moderate (34% and 33% coefficient of variation (CV) for  $V_2/F$  and  $CL_1/F$ , respectively)  
275 but high for  $KA$  (160% CV). The placenta clearance  $PCL/F$  was estimated to be 111 L/h  
276 suggesting a rapid placental transfer. The partition coefficient between NVP  
277 concentrations of fetus and pregnant women (PCM) was quantified to be 1.38. The large  
278 volume of distribution and low elimination capacity resulted in a long half-life of 52 h for  
279 mothers. The relative volume of distribution  $V_4/F$  for newborns was estimated to be  
280 20.0 L and the relative clearance  $CL_2/F$  to be 0.21 L/h. The half-life of NVP in newborns  
281 was 66 h.

282 The residual variability was best described using separate proportional error models for  
283 maternal and newborn data, respectively. The proportional error was moderate (27% CV)  
284 for mother and higher (49% CV) for newborn data. The precision of the estimated PK  
285 parameters was sufficient with  $RSE < 20.5\%$  for fixed-effects and  $RSE < 33\%$  for  
286 random-effects parameters. The goodness of the final PK model was demonstrated by  
287 GOF plots for observed versus model-predicted NVP concentrations. Overall data  
288 spread around the line of identity suggesting adequate goodness of the PK model (see  
289 supplementary Figure S3). For model evaluation, the final PK parameter estimates were  
290 compared to the median and the 95% confidence interval obtained from the 1668  
291 successful bootstrap runs (83.4%), see Table 2. For the fixed- and random-effects  
292 parameters, the bootstrap medians were very similar to the original model parameter  
293 values. All of them were within the 95% confidence interval, indicating an accurate and  
294 precise description of the NVP data of both populations by the PK model.

295

296 *HIV-1 Transmission Risk under various NVP Single Dose Prophylaxis*  
297 *Scenarios*

298 During the program for prevention of mother-to-child transmission in Uganda (28), NVP  
299 was administered once to pregnant women during labor and once to newborns shortly  
300 after delivery, with the aim of lowering the transmission probability of HIV-1 from mother-  
301 to-child. The results and model-predicted HIV-1 transmission probabilities under the four  
302 sd-NVP prophylaxis scenarios are illustrated in Figure 4 (A: no NVP prophylaxis, B:  
303 single postpartum newborn NVP dose, C: single intrapartum maternal NVP dose and D:  
304 intrapartum maternal NVP dose plus postpartum newborn NVP dose). The model-  
305 predicted transmission risks agreed very well with published data from various trials (3,  
306 19, 27, 34, 38, 49-50, 60). Without prophylaxis, the estimated HIV-1 transmission  
307 probability after 2 years was  $35.8 \pm 2.9\%$  (Figure 4 A). A single postpartum newborn  
308 dose reduced the transmission probability to  $31.6 \pm 2.7\%$  (Figure 4 B) whereas a single  
309 intrapartum maternal dose lowered the transmission probability substantially to  $19.1$   
310  $\pm 2.2\%$  (Figure 4 C). The combination of maternal and newborn doses reduced the  
311 transmission probability to  $19.7 \pm 2.2\%$  (Figure 4 D), which is insignificantly different  
312 from a single maternal dose alone. The intrapartum infection risk (typically assessed  
313 2 weeks after birth) was  $18 \pm 2.4\%$ ,  $12.3 \pm 2\%$ ,  $0.1 \pm 0.1\%$  and  $0.1 \pm 0.1\%$  for the four  
314 investigated regimens. From the shape of the curves in Figure 4 A-D it can also be seen  
315 that the subsequent risk of HIV-1 transmission (mainly through breastfeeding) is highest  
316 during the first 200 days after birth.

317 *Mechanism of Prevention of Intrapartum HIV-1 Transmission by Maternal*  
318 *NVP Prophylaxis*

319 Our data indicate that maternal NVP single dose alone decreases the transmission risk  
320 of HIV-1 substantially compared to newborn NVP dose alone (compare Figure 4 B with  
321 Figure 4 C). Hence, we elucidated the mechanisms by which the maternal NVP dose  
322 lowers HIV-1 transmission probabilities.

323 The dynamics of viral load decay in the HIV-1 infected mother after the maternal NVP  
324 dose are shown in Figure 5 A. The viral load declined by less than a factor of two during  
325 the first 30 h after single dose NVP. However, the newborn was born within a range of  
326 0.3-24.8 h, median: 5.1 h (28) (dashed horizontal bar and the open circle in Figure 5 A),  
327 indicating that the maternal dose had little or no effect on the number of virions that  
328 come in contact with the newborn during intrapartum virus challenge.

329 In Figure 5 B the concentrations of NVP in a representative newborn from the PK  
330 investigation are depicted at the time of delivery (intrapartum challenge). Since NVP is  
331 known to cross the placenta (35, 37) and this process was quantified by us (PCL, PCM,  
332 see above), a fraction of the maternal NVP concentration was present in the newborn at  
333 the time of delivery, where it is able to prevent HIV from infecting cells (Figure 5 B) by  
334 lowering the infection rate  $\beta$  (see *Methods* section).

335 *Predictors for Selection and Persistence of NVP-resistant HIV-1 Strains in*  
336 *Mothers after NVP Single Dose Administration*

337 Previous studies reported that a single dose of NVP can already select drug resistant  
338 viral strains in the HIV-1 infected mothers (17, 22), compromising subsequent maternal  
339 treatment success (8, 25, 29) and potentially promoting the transmission of NVP

340 resistant strains to the child during subsequent breastfeeding. We wanted to assess  
341 predictors for the selection of drug resistant strains in HIV-1 infected mothers, which  
342 might subsequently lead to the transmission of resistant virus to the breastfed child. Our  
343 model predictions revealed a strong correlation between the individual half-life of NVP in  
344 mothers and the duration in which NVP-resistant strains dominated the viral population  
345 in the HIV-1 infected mothers after a single intrapartum maternal NVP dose, see Figure  
346 6 A (spearman's rank correlation coefficient  $r_s^2 = 0.98$ ). The model-predicted dynamics of  
347 resistance appearance and fading for some representative mothers are shown in Figure  
348 6 B-E. Our model predictions indicate that depending on the individual pharmacokinetics  
349 of NVP, NVP-resistant strains become selected and might subsequently dominate the  
350 virus population until NVP will be eliminated and resistant virus will be outgrown by the  
351 wild type (see Figure 6 B-E) once again. This has important implications on the  
352 probability that resistance is transmitted from mother-to-child and on the success of  
353 subsequent extended newborn NVP prophylaxis.

354 In supplementary text S2, we derived equations that clarify the relation between  
355 individual NVP concentrations  $C$  and resistance selection. Using these equations, it is  
356 possible to compute the minimum NVP concentration that favors the selection of a  
357 resistant strain over the wild type virus. For mutant K103N, Y181C and the double  
358 mutant (K103N/Y181C) the determined minimum concentrations that favor their  
359 selection are 6.56 ng/mL, 17.7 ng/mL and 21.6 ng/mL, respectively, based on the  
360 phenotypic parameters used in this work ( $IC_{50}(wt)$ ,  $s(res)$  and  $h(i)$ ).

361 This indicates, that single-point mutations are already selected at concentrations below  
362 the  $IC_{50}$  value of the wild type (22 ng/mL (47)), which can persist in the plasma of the  
363 mother for several weeks after sd-NVP, depending on the individual pharmacokinetic

364 NVP concentration-time profile. More importantly, if transmission of HIV-1 from mother-  
365 to-child occurs during the particular time frame when the resistant virus dominates, it will  
366 likely involve resistant virus and therefore lead to resistance spread.

### 367 *Extended NVP Prophylaxis Strategies to Prevent HIV-1 Transmission via* 368 *Breastfeeding*

369 We explored the impact of extended newborn NVP prophylaxis on HIV-1 transmission  
370 risk in order to evaluate whether these may, similar to pre-exposure viral prophylaxis,  
371 decrease the probability that viral challenges lead to infection in breastfed infants. In  
372 addition to the maternal dose, we analyzed the impact of 6 weeks (SWEN-study, [17-  
373 18]), 14-, 21 weeks, 6 month (HPTN 046-study, [19]), 52-, 78- or 104 weeks of extended  
374 newborn NVP 2 mg/kg dosing, on the transmission risk of HIV-1. The predictions for  
375 6 weeks and 6 months extended newborn NVP are displayed in Figure 7 A and Figure  
376 7 B, respectively, together with clinical data from the SWEN-study (3, 38) (6 weeks  
377 extended NVP) and the HPTN 046 trial (10) (6 month extended NVP). The agreement  
378 between predicted- and observed transmission probabilities was very good. The  
379 cumulative HIV-1 transmission risk 2 years postpartum, in the case of 6-, 14-, 21 weeks,  
380 6 month, 52-, 78- or 104 weeks of extended NVP dosing were 19.6%  $\pm$  2.1%, 15.8%  
381  $\pm$  1.9%, 15.5%  $\pm$  1.9%, 15.8%  $\pm$  1.9%, 11.8%  $\pm$  1.6%, 10.4%  $\pm$  1.4% and 8.5%  $\pm$  1.1%,  
382 respectively (see Figure 7 C): All except the 6 weeks extended NVP regimen  
383 significantly reduced HIV-1 transmission during 2 years postpartum, compared to  
384 intrapartum single dose maternal/newborn NVP (cross-tab  $\chi^2$  test,  $p < 0.05$ ,  
385 respectively). Notably, the 52- and 104 weeks regimens reduced the risk of transmission  
386 by further 50% and 60% compared to intrapartum maternal/newborn NVP dose alone.

387 The reduction of HIV-1 transmission per week extended NVP was 0.02%, 0.28%, 0.20%,  
388 0.14%, 0.15%, 0.12% and 0.10% for the 6-, 14-, 21 weeks, 6 months, 52-, 78- or  
389 104 weeks regimens, respectively.

### 390 *Probability of Transmitting Resistant Virus during Extended NVP* 391 *Prophylaxis*

392 The proportion of infections with NVP-resistant virus among the newborns that became  
393 infected  $P(\text{res. l inf.})_{0-2y}$  for the entire evaluation period (2 years postpartum) was 23.1%,  
394 25.7%, 33.0%, 30.3%, 49.3%, 60.0% and 100%, respectively, in the 6-, 14-, 21 weeks,  
395 6 months, 52-, 78- or 104 weeks extended NVP regimens (it was 22.3% in the single  
396 dose intrapartum maternal- plus postpartum newborn regimen), neglecting intrauterine  
397 infection. The proportion of infections with NVP-resistant virus among the infected  
398 newborns during weeks 0-6 and > 6 weeks postpartum were  $P(\text{res. l inf.})_{0-6w} = 100\%$  and  
399  $P(\text{res. l inf.})_{>6w} = 16.9\%$  , respectively in the 6 weeks extended NVP regimen, which is in  
400 good agreement with published data from the SWEN study ( $P(\text{res. l inf.})_{0-6w} = 92\%$  and  
401  $P(\text{res. l inf.})_{>6w} = 15\%$  , respectively (36)). For a single maternal and newborn NVP dose,  
402 the conditional probabilities were  $P(\text{res. l inf.})_{0-6w} = 73.9\%$  and  $P(\text{res. l inf.})_{>6w} = 12.8\%$  ,  
403 which overestimates the transmission of resistant strains during week 0-6, but agrees  
404 well published data on resistance transmission after 6 weeks ( $P(\text{res. l inf.})_{0-6w} = 38\%$  and  
405  $P(\text{res. l inf.})_{>6w} = 15\%$  , respectively (36)). The total number of infants infected with  
406 resistant virus during the breastfeeding period  $P(\text{res. l inf.}) \cdot P(\text{inf.})$  was not significantly  
407 different in any extended newborn NVP regimen (3.38%, 2.77%, 3.47%, 3.27%, 3.35%,  
408 3.24% and 3.50%, respectively in the 6-, 14-, 21 weeks, 6 month, 52-, 78- or 104 weeks

409 regimens, neglecting intrauterine infection) and was very similar to the single dose  
410 intrapartum maternal- plus postpartum newborn regimen (3.28%). Our results indicated  
411 that extended NVP only allows infection with resistant virus during the duration of its  
412 administration. Our predictions also indicated that all infections with resistant virus  
413 occurred before 200 days postpartum in agreement with resistance domination in the  
414 breastfeeding mothers (shown in Figure 6).

## 415 **Discussion**

416 Short-course NVP prophylaxis is still widely used in resource-constrained settings to  
417 prevent mother-to-child transmission of HIV-1. Since pregnant women and their  
418 newborns represent particular subpopulations, plasma of mothers and newborns were  
419 sampled for PK investigation during a Ugandan program for the prevention of mother-to-  
420 child transmission, which comprised sd-NVP to pregnant women and newborns each.  
421 For PK analysis of the NVP data, a combined population PK model was developed and  
422 subsequently incorporated into pharmacodynamic (PD) investigations.

423 We found, in agreement with similar studies (4, 11, 13, 28), that a one-compartment  
424 model with first-order absorption and elimination processes was sufficient to describe  
425 the pharmacokinetics of NVP in pregnant women/mothers and newborns. Based on our  
426 previously published separated PK models for pregnant women/mothers and newborns  
427 (28), we developed a combined PK model in the present work that simultaneously  
428 analyzed the NVP concentrations of pregnant women/mothers and newborns. Before  
429 delivery, the PK model constituted the structure of a two-compartment model, where the  
430 central- and peripheral compartments were linked to the pregnant women/mothers and  
431 the fetus, respectively. Utilizing this model structure, we were able to estimate the

432 plasma/placenta transfer of NVP as newborns presented measureable NVP plasma  
433 concentrations before receiving their own NVP dose. After delivery the combined PK  
434 model for pregnant women/mothers and fetus was separated into two one-compartment  
435 models for mothers and newborns, respectively. All PK parameters were precisely  
436 estimated as shown by small relative standard errors. The estimated relative volume of  
437 distribution in mothers was very high ( $V_2/F = 91$  L) and in excellent agreement with  
438 previously published values (range: 77-106 L) (4, 13, 26, 37). Maternal NVP elimination  
439 capacity was low ( $CL_1/F = 1.22$  L/h) and within the range of previously published values  
440 (1.23-1.42 L/h) (4, 11, 37). The calculated half-life of NVP in mothers was 52 h, being  
441 also within the range of previously published values 43-61 h (4, 11, 37). The half-life in  
442 newborns (66 h) was slightly longer than the published value of 47 h (37), but  
443 considerably shorter than the value of 110 h, observed in (4). However, in the previous  
444 study (4), newborn plasma was only sampled over a very short interval (0-50 h),  
445 whereas data in our investigation was sampled over a considerably longer period of time  
446 (0-420 h), allowing to more accurately determine the elimination of NVP in newborns.  
447 The evaluation of the final combined PK model by GOF plots and VPC demonstrated  
448 appropriateness and sufficient predictive performance. Hence, the PK model could be  
449 used as an input for further PD investigations. In order to simultaneously analyze the  
450 impact of NVP pharmacokinetics on HIV-1 acquisition in the newborn, we developed a  
451 PK-coupled stochastic HIV-1 dynamics model. Models for HIV-1 dynamics in  
452 asymptotically infected individuals are rather established (reviewed in (40)). Few *in*  
453 *silico* studies have linked viral dynamics to pharmacokinetics (15, 21, 43), modeled the  
454 impact of pharmacokinetics on the emergence of drug resistance (54), or considered the  
455 dynamics of HIV-1 infection (51-52). However, all these aspects, which concurrently

456 occur *in vivo*, have, to the authors' knowledge, never been addressed simultaneously by  
457 mathematical modeling. In this study, we combined all these aspects in a single model.  
458 Furthermore, our model considers many aspects of child growth, immune system  
459 development and the characteristics of viral challenge during delivery and breastfeeding,  
460 which have been validated with external data (see Figure S1, supplementary material).  
461 Although no parameter adjustments for the HIV-1 dynamics model have been performed,  
462 model-predicted HIV-1 transmission rates under various NVP-based treatment scenarios  
463 were in excellent agreement with data from nine independent studies (see Figure 4 and  
464 Figure 7), confirming the validity of the chosen approach.

465 Throughout this work, a reduced virus dynamics model was used, which is suited to  
466 accurately predict viral load decay in HIV-1 infected individuals following single dose  
467 administration of NVP and to predict the subsequent risk of child infection. In the case of  
468 multiple dose maternal drug administration, we recommend to use a model that can  
469 capture all phases of viral load decline, e.g. (55). In the present analysis we did not  
470 focus on viral load dynamics after the infection of the child, but rather focused on the  
471 infection risk (respective simulations were stopped, if newborn infection occurred). For  
472 accurately analyzing viral load dynamics in infected children, we also recommend to use  
473 more elaborated viral dynamics models, e.g. (55).

474 Our predictions indicated a significant impact of maternal NVP administration on the  
475 reduction of HIV-1 transmission to the newborn (see Figure 4 C). An analysis of the  
476 HIV-1 dynamics in the pregnant women between the period of NVP administration and  
477 delivery indicated that the effect of maternal NVP on intrapartum transmission was not  
478 due to a reduction in the number of virus particles potentially coming into contact with  
479 the newborn during delivery, since viral load decayed only by less than a factor of two

480 during the first 30 h after NVP administration (see Figure 5 A). This model-derived result  
481 is confirmed by clinically observed delays in virus load decline for NVP monotherapy  
482 (24-48 h (20)). Likewise, delays in the onset of viral decay have been observed in the  
483 case of ritonavir monotherapy (~30 h (41)) and under highly active antiretroviral therapy  
484 (HAART) (~18 h (31)). We therefore conclude that a maternal dose, administered at the  
485 onset of labor, may hardly have an impact of the number of viruses that come into  
486 contact with the newborn during delivery. Instead, the PK analysis coupled to the virus  
487 dynamics model, revealed that the main effect of the maternal dose is to provide  
488 potentially protective NVP concentrations via *trans-placenta* transport to the newborn at  
489 the moment of virus contact during delivery (see Figure 5 B), subsequently preventing  
490 HIV-1 infection. These finding were confirmed by rapid NVP exchange through the  
491 placenta (as indicated by the exchange parameters PCL, PCM in Table 2 and the almost  
492 identical time points of maximum concentrations ( $t_{\max}$ ) values in maternal and newborn  
493 plasma and cord blood (4)). This mechanism of HIV-1 transmission prevention provided  
494 by the maternal single dosing is highly similar to a pre-exposure prophylaxis, which has  
495 recently demonstrated high potential in reducing HIV-1 transmission in the context of  
496 sexual HIV-1 transmission (18). This particular mechanism of HIV-1 prevention by  
497 maternal sd-NVP has important implications for the timing of the maternal dose: Since  
498 trans-placental exchange is rapid (4), the newborn's NVP concentrations during delivery  
499 would offer maximal protective effect at  $t_{\max}$ (mother) of 3.5 h [range: 3.0-4.1 h]  
500 (calculated from individual PK parameter estimates). While NVP is absorbed rapidly (9),  
501 HIV-1 prevention by the maternal dose is likely suboptimal before  $t_{\max}$ (mother). The  
502 protective effect however lasts for relatively long periods of time, since NVP is slowly

503 eliminated (4, 9, 28) (see also Table 2). This indicates that the maternal NVP  
504 administration at the onset of labor might be most effective, if feasible.

505 A single dose of NVP can select drug resistant viral strains in the HIV-infected mothers  
506 (17, 22) (see Figure 6) and lead to transmission of NVP resistant strains to the child (e.g.  
507 via breastfeeding). Pooled estimates showed that 36% (19–76%) of women have  
508 detectable NVP resistance mutations 6–8 weeks after exposure to a single dose of NVP  
509 (2). Our model slightly overestimated resistance development in the mothers after  
510 receiving a single intrapartum NVP dose (62% and 70% at week 8 if the detection limit  
511 for resistance was 50% and 20% respectively). This overestimation can be partially  
512 explained by the use of a simplified model of resistance development in our  
513 computational study, which ignores the genetic background on which resistance  
514 develops; e.g. if resistance develops on some viral strain, which is particularly unfit, then  
515 the resistance is less likely to be selected, see parameter  $s(\text{res})$  in Equation (7). Instead,  
516 in order to reduce the complexity of our mathematical model (and to reduce the  
517 computational cost), we assumed that all susceptible viral strains were as fit as the  
518 wild type and therefore all viral strains that develop a particular mutation (K103N, Y181C  
519 and K103N/Y181C) were only assigned a fitness loss that comes from the resistance  
520 mutation and not from the genetic background of the founder strain. In future, more  
521 realistic and computationally feasible solutions for this problem should be developed.  
522 Nevertheless, our estimates of resistance transmission to the newborns/infants were in  
523 good agreement with clinical data from the SWEN study (36).

524 Our model predictions suggested a correlation between the individual half-life of NVP in  
525 mothers and the duration in which NVP-resistant strains dominated the viral population  
526 in the HIV-1 infected mothers after a single intrapartum maternal NVP dose. Selection of

527 resistant strains could be explained mathematically (see supplementary material) and  
528 minimum concentrations for the selection of NVP-resistant strains were derived.  
529 Combining the pharmacokinetic analysis of individual pharmacokinetics with the model  
530 of HIV-1 dynamics and transmission, we predicted that transmission of NVP-resistant  
531 strains would occur during the first 200 days after single dose maternal NVP, in line with  
532 the time frame in which resistant strains likely dominate the viral population (Figure 6).  
533 Figure 6 A-B suggest that NVP resistance might not become selected in mothers after  
534 single dose administration, if individual NVP elimination is fast enough (short NVP half-  
535 life). This indicates that resistance selection and subsequent resistance transmission to  
536 the child via breastfeeding could be reduced if drugs were administered to the mothers,  
537 which, in contrast to NVP, exhibit a very short half-life (e.g. zidovudine). However, we  
538 also showed that NVP effectively prevents intrapartum HIV transmission by being  
539 transferred across the placenta to the child, so that any drug which might replace  
540 maternal single dose NVP should also be able to cross the placenta in order to  
541 effectively protect the child from infection during the birth process (see Figure 5). Adding  
542 drugs to the maternal sd-NVP is another effective approach to reduce resistance  
543 selection in the HIV-1 infected mothers and to further lower intrapartum transmission  
544 rates (5, 7, 33), potentially by increasing the genetic barrier to resistance selection. A  
545 thorough understanding of the underlying mechanisms, however, is still lacking and  
546 mathematical models including combinations of drugs for elucidation remain to be  
547 developed in future.

548 Currently, two main strategies are pursued in order to reduce subsequent HIV-1  
549 transmission via breastfeeding: (i) maternal ART or (ii) extended newborn NVP  
550 prophylaxis. Maternal ART has been shown to reduce HIV-1 transmission via

551 breastfeeding, by lowering maternal viral load to less than 400 copies per mL (14, 46),  
552 but long-term drug treatment might not be available in resource-limited settings.  
553 Extended newborn NVP administration has been suggested to reduce the transmission  
554 risk of HIV-1 by postpartum breastfeeding and might be the regimen of choice in  
555 extremely resource-limited settings for reasons of cost-effectiveness compared to  
556 maternal ART (57). In Figure 7, we analyzed the impact of 6-, 14-, 21 weeks, 6 month,  
557 52-, 78- or 104 weeks extended newborn NVP on the transmission risk of HIV-1. Our  
558 data agrees very well with published data from the SWEN-study (3, 38) (6 weeks  
559 extended NVP) and the HPTN 049-study (10) (6 month extended NVP). Although a  
560 reduction of the HIV-1 transmission risk at 1 year postpartum was reported in the  
561 SWEN-study (6 weeks extended NVP), this reduction was not significantly different from  
562 single dose intrapartum maternal and newborn NVP dose alone (13.9% vs. 15.4%,  $p =$   
563 0.33; including 5% intrauterine transmission probability) (38). Our results support this  
564 finding: The estimated transmission probability 1 year postpartum was  $15.3 \pm 1.9\%$  and  
565  $16.8 \pm 2\%$   $p = 0.28$  (including 5% intrauterine transmission probability), respectively for 6  
566 weeks extended NVP and single dose intrapartum maternal and newborn NVP dose. At  
567 2 years postpartum a significant reduction in the HIV-1 transmission could be achieved  
568 for all investigated extended NVP regimens, except the 6 weeks extended NVP regimen,  
569 in comparison to single dose intrapartum maternal and newborn NVP dose alone. The  
570 cost-effectiveness however decreases with increasing length of extended NVP as  
571 reflected by the reduction of HIV-1 transmission per week of extended newborn NVP.  
572 This indicates that although substantial further decrease of HIV-1 transmission could be  
573 achieved by extended NVP regimens which cover most of the breastfeeding period,  
574 shorter periods of extended NVP might be more feasible in (extremely) resource-limited

575 settings with regard to cost-effectiveness. Our estimates of resistance transmission to  
576 the newborns were in good agreement with clinical data from the SWEN-study (36).  
577 Overall, our results indicated an increase in the *proportion* of infections with resistant  
578 virus for longer durations of extended NVP prophylaxis. However, the *total number* of  
579 newborns who become infected with resistant virus was not increased by any of the  
580 extended NVP prophylaxis regimens compared to NVP single dose; mainly because  
581 extended NVP simultaneously minimizes the transmission probability.

582 Summarized, we have developed a coupled *in vitro/in vivo* pharmacokinetic-  
583 pharmacodynamic model to assess the effects of distinct NVP prophylaxis regimens on  
584 the prevention of mother-to-child transmission of HIV-1 and resistance formation. Our  
585 model shows very good predictive performance compared to data from clinical studies.  
586 The model may be adapted to predict the outcome of other drug interventions and could  
587 therefore be used as a supportive tool to improve HIV-1 prevention, maximize cost-  
588 effectiveness and reduce risk of resistance selection when novel studies are planned.

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837 **Legends**

838 Figure 1: Final PK model of mother and newborn data. A: Observed NVP concentrations  
839 in the plasma of HIV-1 infected pregnant women/mothers (filled diamonds) and in the  
840 plasma of newborns (open triangles) sampled over three time periods: delivery, week 1  
841 and week 2 after single dose of 200 mg NVP for pregnant women and 2 mg/kg NVP  
842 administered to newborns (modified from (28)). B: Schematic structural model for the PK  
843 of mothers and newborns. The absorption rate constant for oral dose of mothers and  
844 newborns are  $K_A$  and  $K_{34}$ , respectively.  $V_2$  describes the central volume of distribution  
845 for maternal data.  $V_4$  equals the volume of distribution of the peripheral compartment  
846 (fetus/newborn compartment). Both compartments were linked by placenta clearance  
847 (PCL) term before delivery. All dashed lines highlight time-dependent processes while  
848 solid lines present continuous processes over the entire investigational period. The  
849 partition coefficient fetus to pregnant women (PCM) denotes the ratio between NVP  
850 concentrations in the fetus and maternal NVP concentrations before delivery and at  
851 quasi steady state. NVP elimination from the central and the peripheral compartment  
852 was described by  $CL_1$  and  $CL_2$ , respectively.

853 Figure 2: VPC of the final PK model of mother and newborn data. A and B: VPC of the  
854 observed NVP concentrations in maternal plasma (black diamonds, A) and in newborn  
855 plasma (open triangles, B) over time and 5<sup>th</sup> and 95<sup>th</sup> percentiles of model simulations  
856 and model-simulated median (dashed- and solid lines).

857 Figure 3: Mathematical model of virus dynamics, mutation and transmission. A: Life-  
858 cycle models of HIV-1 in mothers and newborns and their interconnection via  
859 intrapartum- and breastfeeding challenge. Free virus can infect T-cells with infection rate

860 constant  $\beta$ , which encompasses all steps from target cell binding, fusion, to reverse  
861 transcription. Early infected T-cells (after reverse transcription but prior to pro-virus  
862 integration) become transformed into productively infected cells T2, after pro-virus  
863 translocation into the nucleus and integration with rate  $k_T$ . Productively infected T-cells  
864 T2 produce new virus V with rate N. Mutation occurs during the process of reverse  
865 transcription (embodied in parameter  $\beta$ ). NVP inhibits reverse transcription and therefore  
866 affects parameter  $\beta$  in our model. All parameter values are listed in Table 1. Intrapartum  
867 viral challenge occurs during delivery, whereas breastfeeding viral challenges occur  
868 repeatedly after birth until the age of 2 years, according to the breastfeeding frequency  
869 (Figure S2, supplementary material). B: Mutational graph showing the transition  
870 probabilities  $p_{j \rightarrow i}$  between the four virus strains (wild type *wt* and 3 mutants *K103N*,  
871 *Y181C* and *K103N/Y181C*) considered here. C: Phenotypic attributes of the four  
872 mutants. The extension of the bars to the right illustrates their  $IC_{50}$  value, whereas the  
873 left extension indicates their fitness loss and the height of the bars indicates the slope  
874 parameter. The  $IC_{50}$ -values were 22 ng/mL (47), 2168 ng/mL, 8671 ng/mL (44) and  
875 >11500 ng/mL for *wt*, the *K103N*, the *Y181C* mutation and the double mutant  
876 *K103N/Y181C*, respectively. The selective disadvantage  $s$  with respect to the wild type  
877 was 12.5%, 40% and 52.5% for the *K103N*, the *Y181C* mutation and the double mutant  
878 (32). The slope parameters were 1.55, 1.40, 1.15 and 1.0 for *wt*, the *K103N*, the *Y181C*  
879 mutation and the double mutant *K103N/Y181C* (44, 47), respectively.

880 Figure 4: Cumulative HIV-1 transmission risk under various NVP single dose prophylaxis  
881 strategies. Solid lines denote the Kaplan-Meier estimates of the model-predicted  
882 cumulative probability of infection whereas light-grey areas represent the confidence  
883 range for the model predictions. A: no NVP is given (upward- and downward pointing

884 triangles denote data from (60) and (34)); B: a single postpartum NVP dose (2 mg/kg) is  
885 given to the newborn within 72 h after birth (squares denote data from (50)); C: a single  
886 intrapartum NVP dose (200 mg) is given to the mother at the onset of labor; D: a single  
887 intrapartum NVP dose (200 mg) and a single postpartum newborn dose (2 mg/kg) were  
888 administered (crosses, open circles, diamonds, filled circles and plus signs denote data  
889 from (3, 19, 27, 38, 49)). In all simulations, an intrauterine transmission probability of 5%  
890 (12) was assumed.

891 Figure 5: A: Viral load (thick line) during the first 30 h in the plasma of HIV-1 infected  
892 pregnant women/mothers after a single intrapartum dose NVP in relation to the time of  
893 delivery (open circle denotes the median time of delivery, see *Methods* section and  
894 dashed horizontal bar denotes the range). B: NVP concentration in a representative  
895 newborn from the PK-investigation before- during- and after birth (solid line). The black  
896 square and the black circle indicate the time of birth and the time of the newborn NVP  
897 single oral dose in the representative newborn, respectively.

898 Figure 6: Predicted correlation between NVP elimination and persistence of NVP  
899 resistance in HIV-1 positive mothers after a single dose of NVP. A: Correlation of  
900 individual NVP half-life and predicted duration in which NVP resistance dominated the  
901 viral population in mothers. B-E: Examples of resistance appearance and fading in  
902 distinct, representative HIV-1 positive mothers after single dose NVP administration at  
903 the onset of labor. Solid line: relative wild type abundance, dashed line: relative  
904 abundance of NVP resistant strains. The respective half-life of NVP in the distinct  
905 representative mothers was 1.3, 1.7, 2 and 2.6 days for panels B-E.

906 Figure 7: HIV-1 transmission risk in the case of extended newborn NVP dosing.  
907 A: Predicted transmission risk after 6 weeks extended NVP treatment (solid line) and  
908 confidence range (light-grey area) together with clinical data from the SWEN-study (3,  
909 38) (open circles). B: Predicted transmission risk after 6 month extended NVP treatment  
910 (solid line) and confidence range (light-grey area) together with clinical data from the  
911 HPTN 046-study (10) (open squares). The intrauterine transmission risk was assumed  
912 to be 5% (12). C: Predicted transmission risk after 2 years, in the case of no prophylaxis,  
913 a single dose maternal and newborn NVP dose, 6-, 14-, 21 weeks, 6 month, 52-, 78- or  
914 104 weeks of extended newborn NVP in addition to a single intrapartum maternal NVP  
915 dose.

916 **Tables**

917 Table 1: Virus dynamics parameters. All units in [1/day], except the point mutation  
 918 probability  $\mu$  in [1/rev. transcr./base], the infection rate constant  $\beta(wt, \phi)$  in [1/virions/day]  
 919 and the T-cell production  $\lambda$  [cells/day/kg body weight].

Parameter	Value	Reference
$k_T$	0.35	(62)
$\delta_{T2}$	1	(31)
$N$	1000	(45)
$\mu$	$2.16 \cdot 10^5$	(30)
$\delta_T, \delta_{T1}$	0.02	(45)
$\beta(wt, \phi)$	$8 \cdot 10^{-12}$	(45)
$\delta_{PIC}$	0.35	(55)
$\lambda$ (newborn)	Eq. S2 <sup>§</sup>	
$CL_V$ (newborn)	Eq. S4 <sup>§</sup>	
$\lambda$ (mother)	$2.86 \cdot 10^7$ *	(57)
$CL_V$ (mother)	23	(31)

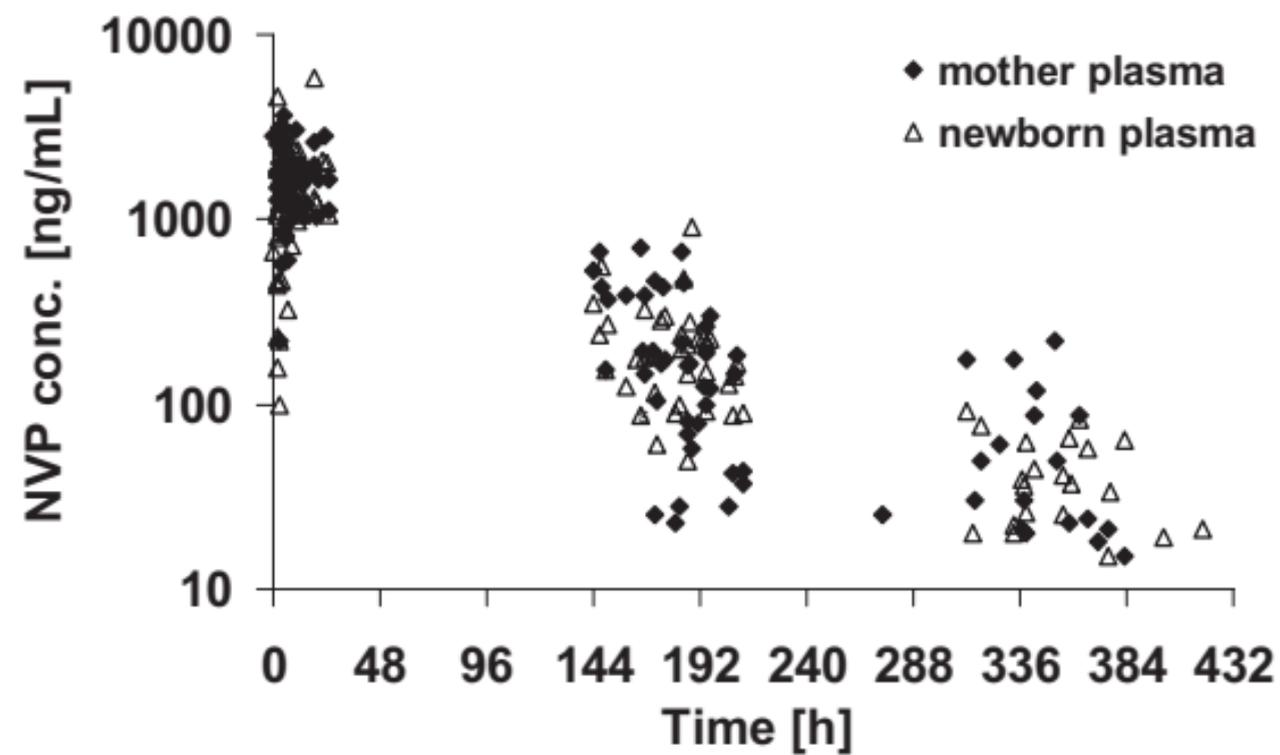
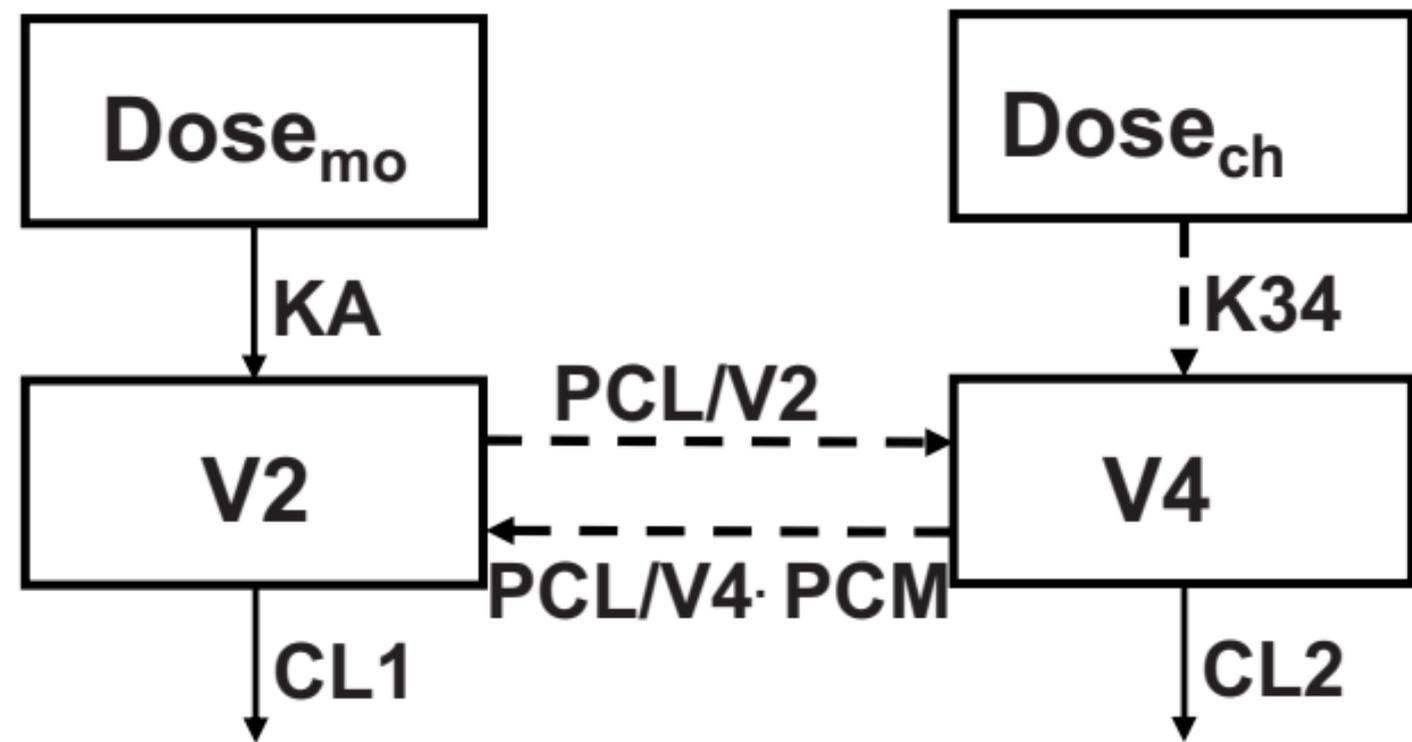
920 \*The maternal zero-order T-cell production of  $2 \cdot 10^9$  (56) was divided by the weight (70 kg)  
 921 of the patients in (56), to yield the parameter stated in the table. <sup>§</sup> see supplementary  
 922 text S1.

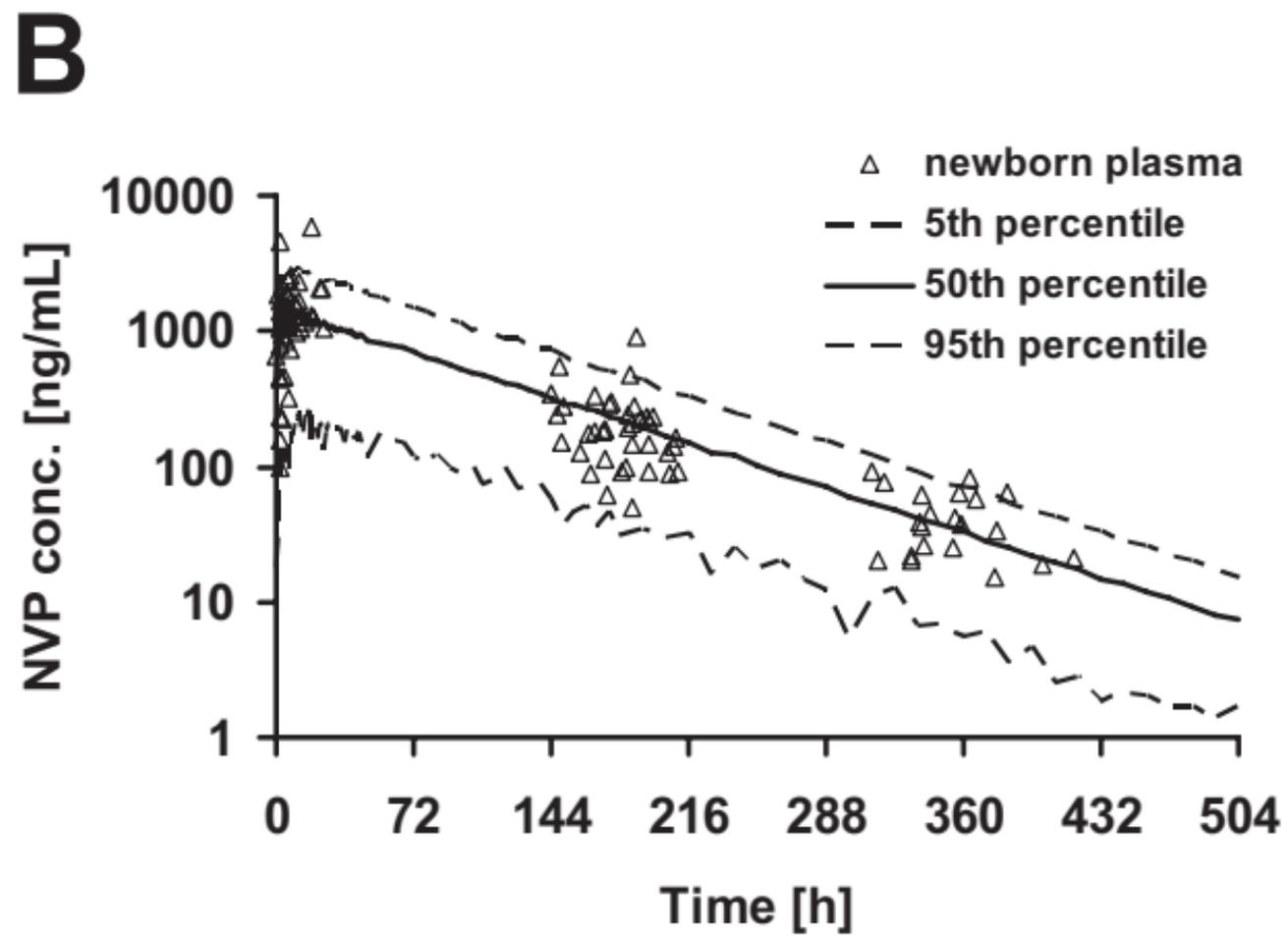
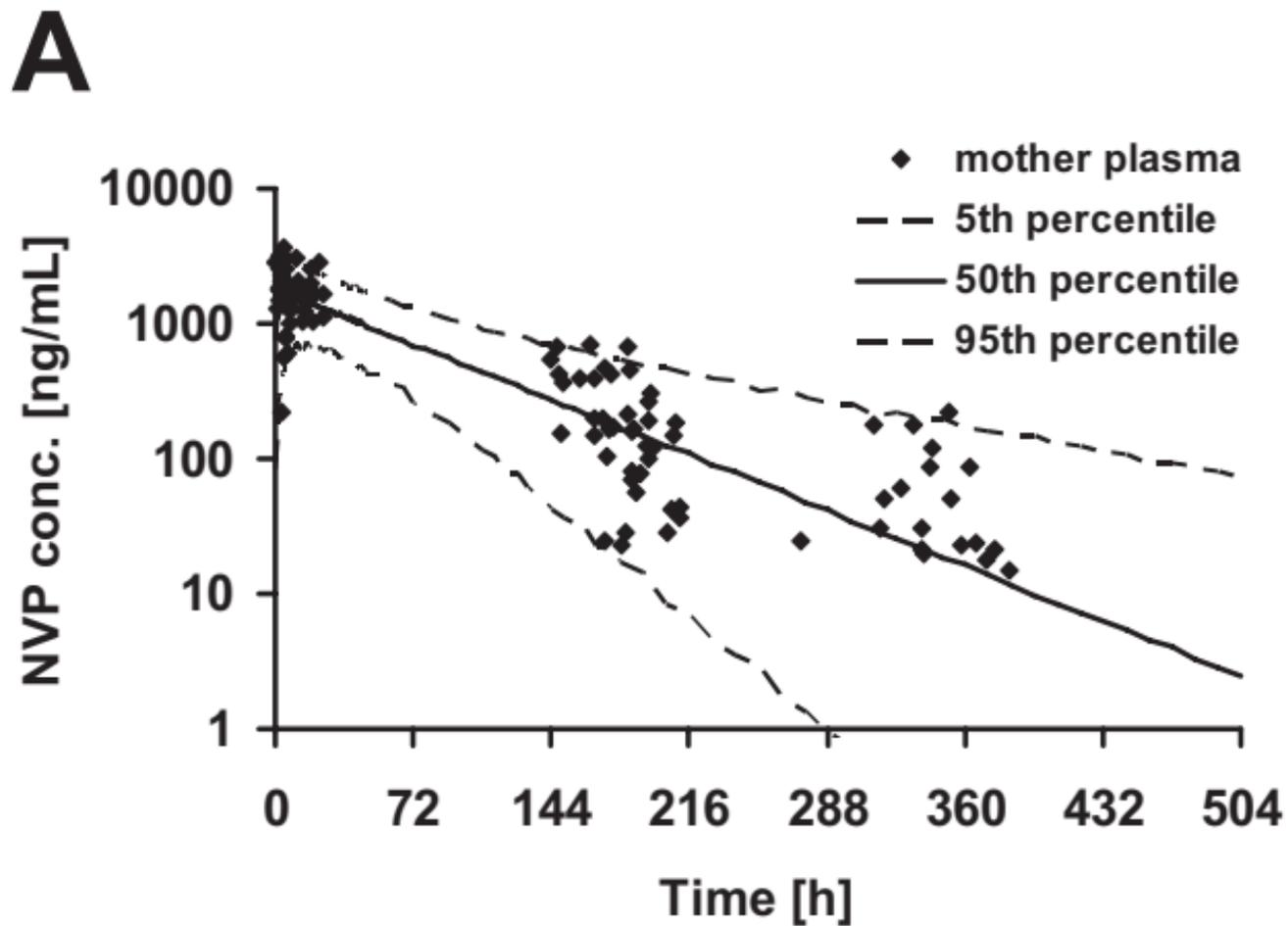
923 Table 2: Population PK estimates of NVP of the final combined PK model for mothers  
 924 and newborns including results of the bootstrap.

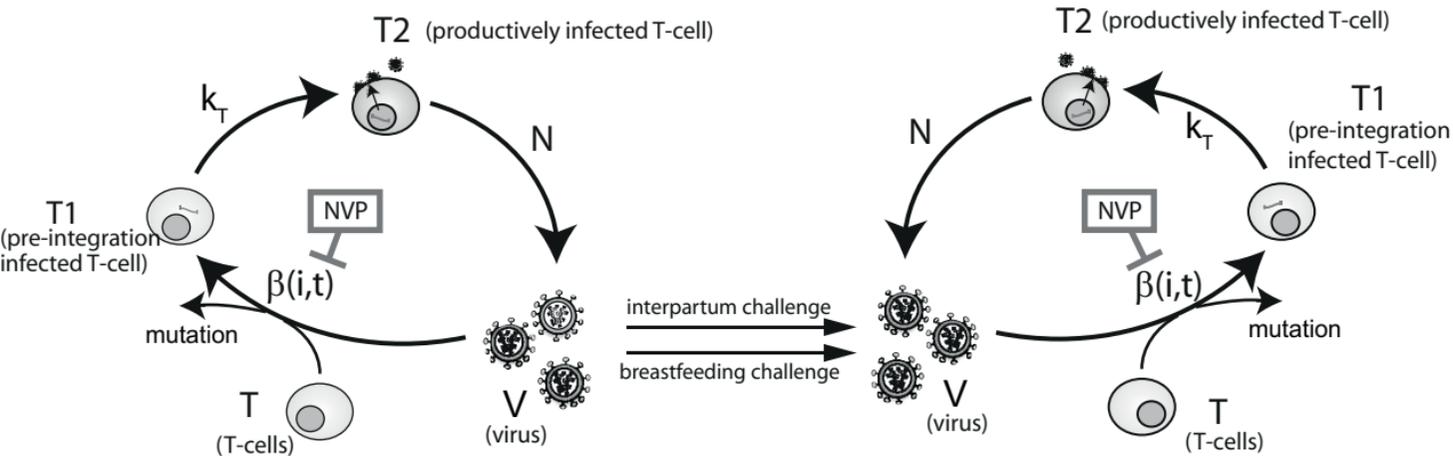
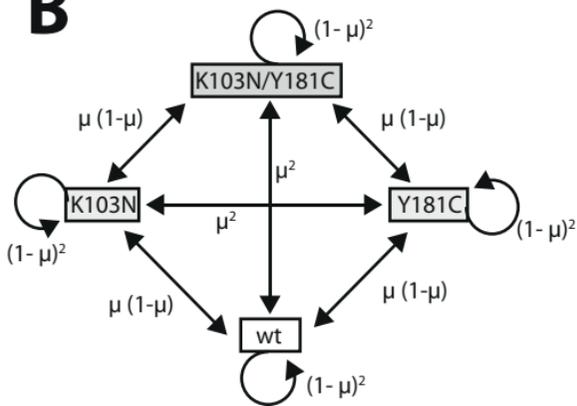
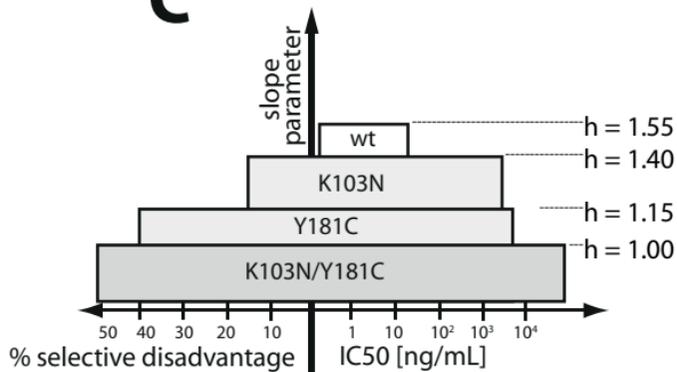
<b>Model parameters</b>	<b>Units</b>	<b>Population estimates</b>	<b>RSE<sup>a</sup>, %</b>	<b>Bootstrap<sup>b</sup> median</b>	<b>95% Confidence interval (2.5<sup>th</sup> and 97.5<sup>th</sup> percentile)</b>
<i>FIXED EFFECTS</i>					
KA	[h <sup>-1</sup> ]	1.34 fixed	-	-	-
V2/F	[L]	90.9	5.85	89.6	75.4 – 101.4
CL1/F	[L·h <sup>-1</sup> ]	1.22	6.33	1.20	1.01 – 1.38
V4/F	[L]	20.0	18.6	20.0	9.92 – 37.2
CL2/F	[L·h <sup>-1</sup> ]	0.21	16.1	0.21	0.11 – 0.38
K34	[h <sup>-1</sup> ]	1.34 fixed	-	-	-
PCL/F	[L·h <sup>-1</sup> ]	111.0	20.5	99.7	5.90 – 463.8
PCM		1.38	7.68	1.36	1.10 – 1.61
<i>RANDOM EFFECTS</i>					
<i>Interindividual Variability</i>					
ωKA	[% CV]	159.7	30.3	150.5	51.9 – 209.8
ωCL1/F	[% CV]	32.9	25.7	31.8	23.1 – 40.5
ωV2/F	[% CV]	34.1	33.1	33.1	20.7 – 43.4
<i>Residual Variability</i>					
σ proportional (mothers)	[% CV]	27.2	10.6	26.8	19.4 – 32.1
σ proportional (newborns)	[% CV]	49.1	11.0	48.1	38.9 – 59.0

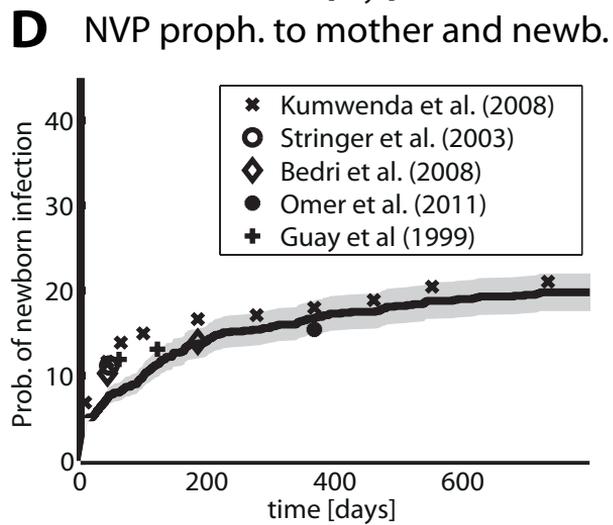
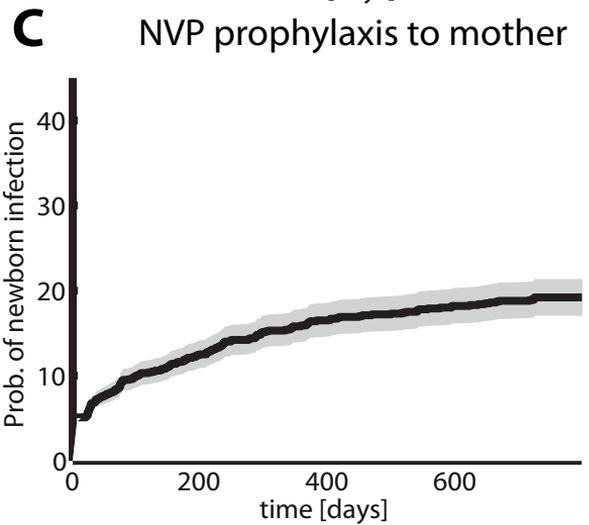
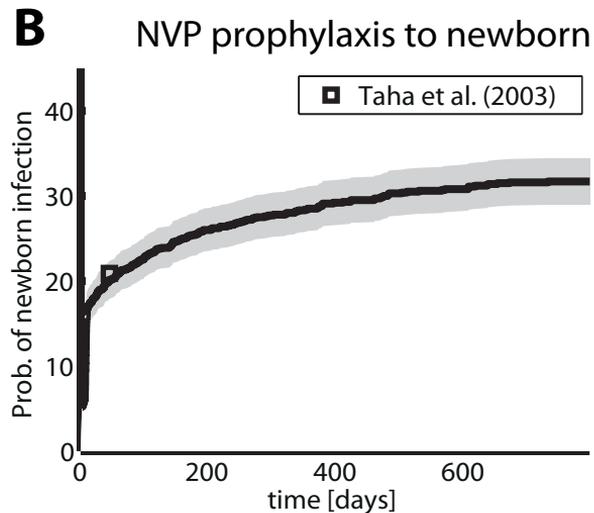
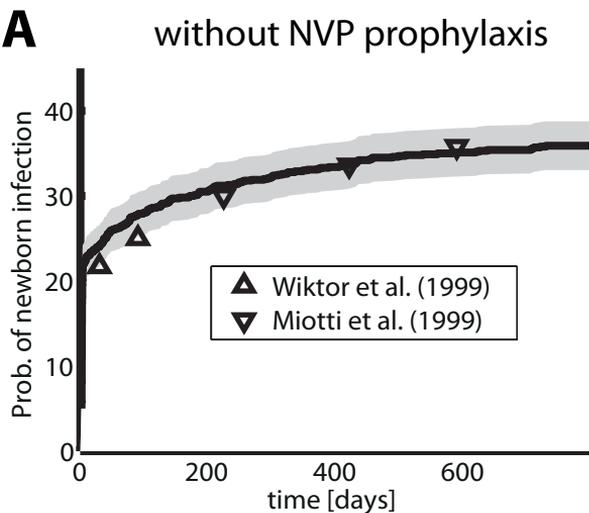
925 <sup>a</sup> Relative standard error (standard error divided by population estimate ·100;  
 926 for the random effects parameters RSE is related to the corresponding variance scale).

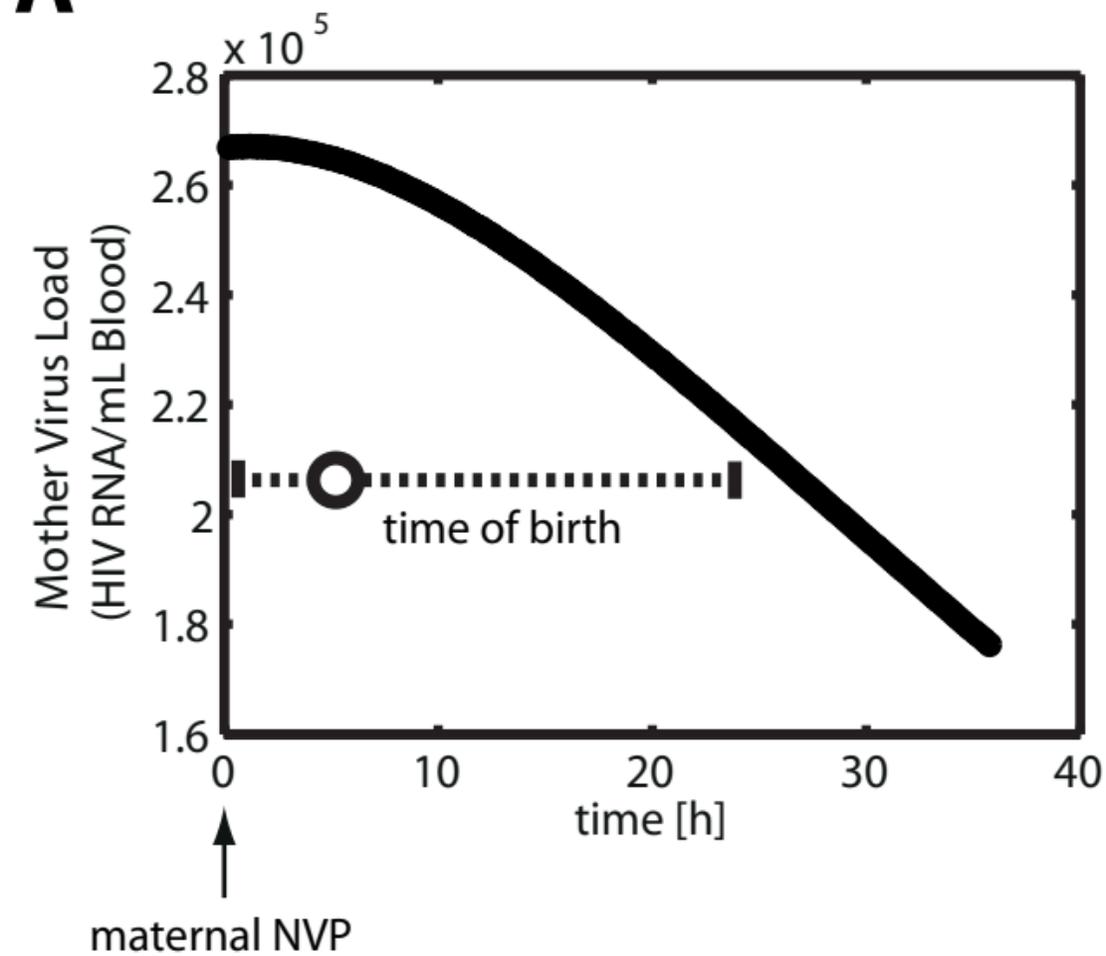
927 <sup>b</sup> n=1668

**A****B**



**Mother****Newborn****A****B****C**



**A****B**